



## Tara Reid

Although she's just 33, Tara's bod looks like it's been through the wringer! "She appears wrinkled and shriveled," says Dr. Fischer, "likely from losing weight without building muscle." And while other cosmetic adjustments — such as multiple boob jobs — haven't worked out so well for the star, she's in dire need of a surgeon's hand now. "She should have the extra skin on her legs and tummy removed," says Fischer. "For someone as far gone as she is, it'll cost about 10 grand!" Worth every penny, Tara. ★

# You Can Have A FIRMER BOD TOO!

Forget liposuction! Try these new at-home products and cutting-edge in-office procedures.

## At-Home Fixes

**Murad Firm and Tone Body Care Regimen** (\$214.50, [murad.com](http://murad.com))



**Nivea My Silhouette! Redefining Gel-Cream** (\$16, drugstores)



**RéVive Cellulite Erasure** (\$210, [reviveskincare.com](http://reviveskincare.com))

**Rodial Bum Lift** (\$130, [beauty.com](http://beauty.com))



**Sephora Indulgences Coffee & Cream Morning Body Scrub** (\$12, [sephora.com](http://sephora.com))



## Noninvasive Doctors' Treatments

### \* ZERONA:

An FDA-approved body-sculpting heatless laser that melts away fat without pain. Requires six sessions over two weeks. You can drop more than two dress sizes, reps say. Cost varies: about \$2,500 for full treatment. [zerona.com](http://zerona.com)

### \* VELASHAPE:

An FDA-cleared device that contours and slims the body. Uses radio waves, light energy and massage to shrink fat cells and tighten skin in as few as four sessions. Prices for full treatment vary: on average \$2,000. [velashape.com](http://velashape.com)

**KATE** EXCLUSIVE  
**SNAPS!**



She catches Jon  
with babysitter  
Twins' frantic call!



**McSteamy**  
**SEX TAPE**  
ERIC DANE  
CAUGHT ON CAMERA!

**Star**

**Celebs  
Who  
BEAT  
CELLULITE!**

Jennifer  
Love Hewitt

**5  
FIXES**  
No Diets!  
No Lipo!

**Plus Those Who Can't!**

Britney  
**THEN & NOW**



Uma  
**THEN & NOW**



Guess Who?  
**STARS WHO  
CAN'T LOSE IT**



**WOW!**  
What A  
Difference

